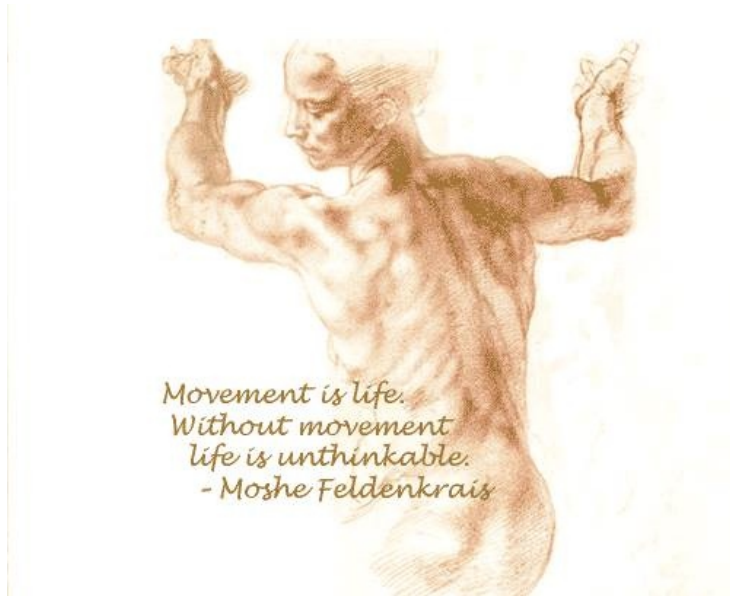


Introducing, at the The Healthy Body Studio Emerald Lakes Golf Club

The Timeless Body with FELDENKRAIS



UnWIND: * Stress * Over Use * Pain and Effort

Fast Forward: The smart way to improve quality, ease and freedom of movement
Increase your coordination, balance, flexibility.

Enjoy a fun and Interesting morning, exploring pleasurable,
intelligent and rejuvenating movements
Good for a Life times use

Health Fund Rebates may apply

When : Saturday Oct 11 8:30am - 12:30pm.

Where : The Healthy Body Studio - Emerald Lakes Gold Club
Nerang Broadbeach Road, Carrara.

Presenter : Donna-Rose McAneney 0412 563 093

Bookings : Paula Purser 07 5594 4335

<http://thehealthybodystudio.com.au/apps/mindbody/classes/17>